

Assessing drug use in a Greek prison in the context of a program targeting infectious diseases

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2017 Expert meeting on the indicator 'Prevalence and patterns of drug use among the general population (GPS)'



Prisons in Greece

OIn total 33 prisons in Greece

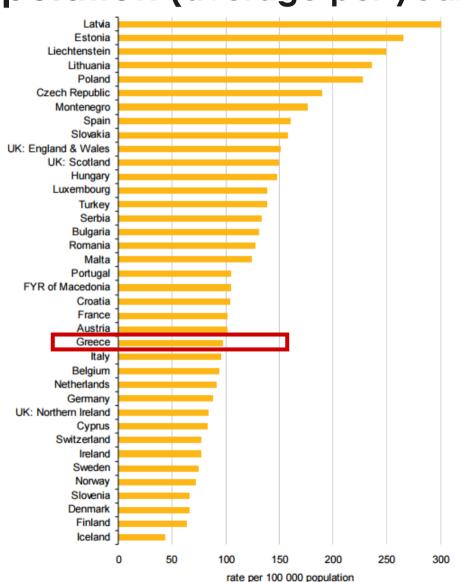
- 9,573 prisoners
- Occupancy level: 97.5%

OThe largest prison: Korydallos (in Athens)

- 1,721 prisoners
- ~ 70% remand prisoners
- Occupancy level: 123.3%



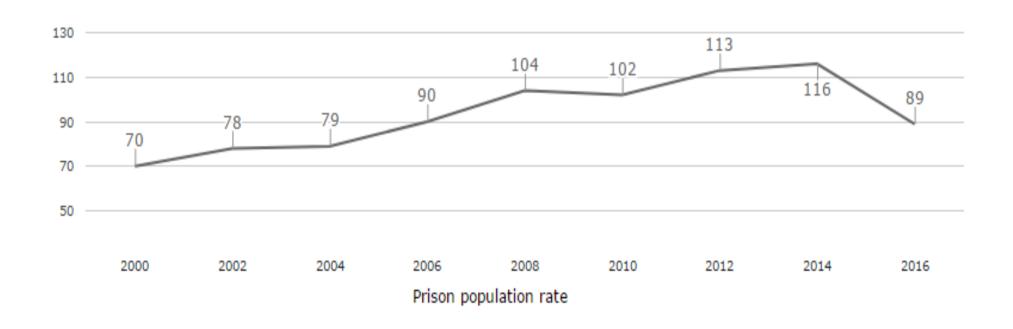
Prison population rate /100,000 population (average per year, 2007-2009)



Source: Eurostat



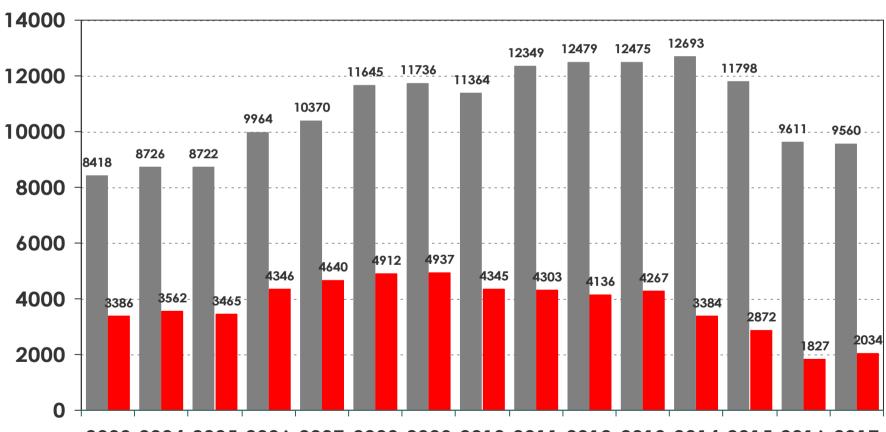
Greece: Prison population rate over time





Number of prisoners in Greek prisons over time

■ Total ■ Drug related offences



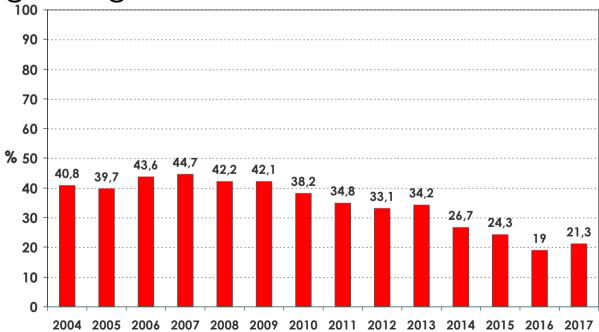
2003 2004 2005 2006 2007 2008 2009 2010 2011 2012 2013 2014 2015 2016 2017

Source: Ministry of Justice



% imprisoned for a drug law offence

- According to the most recent drug law (4139/2013): people who use drugs should not be treated as criminals, but rather as 'patients'
- → This resulted in a decline in the % of prisoners held on drug charges



Source: Ministry of Justice



Drug use and infectious diseases in Greek prisons

- ONo standardised system in place to collect data on prisoner health
 - → sparse data on prisoners who use/inject drugs, or who are living with HIV, viral hepatitis or TB



Prison data from previous studies: Drug use

Year/prison	Sample	Drug use ever	Drug use in prison	Injecting drug use in prison
2014 Korydallos prison ¹	101 female prisoners	31.7 %	7.9 %	
2004 Komotini prison ²	80 male prisoners	27.5% opiates		
1995-1996 Multiple prisons ³	861 prisoners	33.7% (injected)		20.2%
1994-1995 2 major prisons ⁴	544 prisoners (drug users)	100%	53.7%	24.3%

¹Geitona et al, 2016, ²Fotiadou et al, 2004, ³Koulierakis et al, 2000, ⁴Malliori et al, 1998



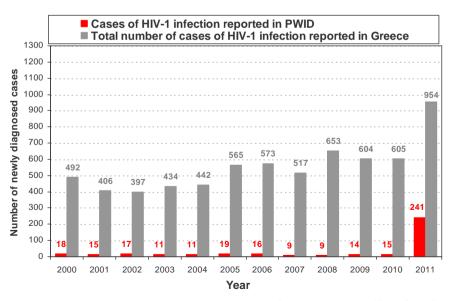
Prison data from previous studies: Sharing syringes

Year/prison	Sample	Shared syringes in prison (out of total)	Shared syringes in prison (among those injecting in prison)
1995-1996 Multiple prisons ¹	861 prisoners	16.8%	83.0%
1994-1995 2 major prisons ²	544 prisoners (drug users)	21.9%	90.2%



HIV in Greek prisons

- All HIV-positive male prisoners are transferred to Korydallos prison hospital
 - In 2017: 107 HIV(+) prisoners
- In 2011: HIV outbreak among PWID in Athens
- •HIV prevalence among PWID increased from 0.8% in 2010 to 16.5% in 2013
- History of imprisonment
- → risk factor for HIV seroconversion



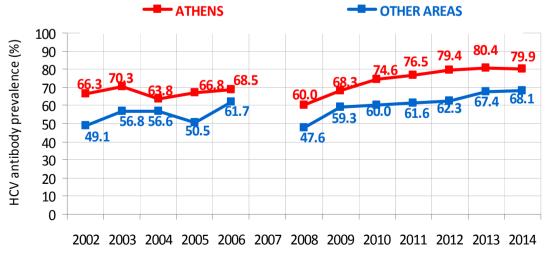
Source: Hellenic CDC



Tuberculosis and viral hepatitis in Greek prisons

- An increase in TB cases in Korydallos prison hospital (16 cases in 2015)
 - Intensive preventive measures led to almost no new TB cases

•No recent data on viral hepatitis in prison but HCV highly prevalent among PWID accessing OST, drug-free and lowthreshold settings **HCV PREVALENCE AMONG PWID**



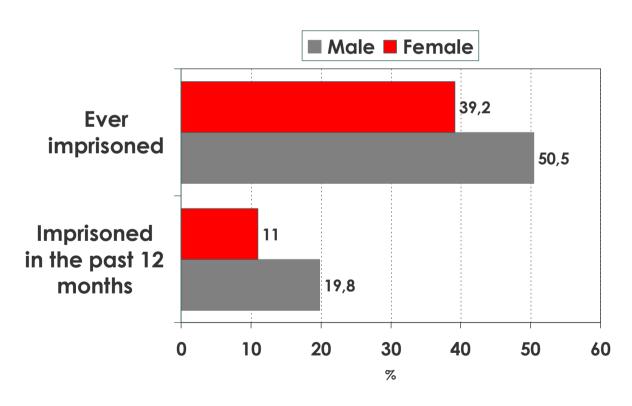
Source: Greek Reitox Focal Point

Year of data collection



PWID and imprisonment

Out of 3320 PWID recruited through a high coverage community-based (ARISTOTLE program):



History of imprisonment was found associated with increased risk of HIV and HCV



Drug treatment in Greek prisons

- O7 treatment programs in Greek prisons
 - 5 drug-free programs
 - In 2014, 2 opioid substitution treatment programs were intitiated (Korydallos and Patra prisons)



Our program

"HCV-HIV-HBV-Tuberculosis in a Greek prison"

Main aims:

- To offer screening for hepatitis C/B, HIV and tuberculosis (TB) in a major Greek prison
- 2. To assess liver fibrosis in prisoners identified to be anti-HCV/HBsAg (+) (with transient elastography) & to offer complete HCV/HBV laboratory testing to those diagnosed with significant fibrosis
- 3. To link patients to care

Secondary aims:

- To assess drug use outside and inside prison using the European Questionnaire on Drug Use in Prison (EQDP)
- 2. To set up ties between various stakeholders (University, Patient Associations, Ministry of Justice, Prison authorities)



Investigators - collaborators

- University of Athens
 - Including clinicians –
 experts in viral
 hepatitis, HIV and TB
 who will assist in linking
 patients to care
- Hellenic Scientific Society for the study of AIDS and STDs

- Liver Patient Association "Prometheus"
- O NGO Positive Voice

Close collaboration with the doctor and the director of Korydallos prison hospital



Target population

- Korydallos prison
 - In total 1592 in men's judicial prison+169 in hospital prison
- Approximately 500 prisoners will participate to the program
 - To maximise the yield of the screening, priority will be given to prisoners awaiting trial/convicted for drugrelated offences
 - As we are looking for additional funding, we will aim to include more prisoners
- A team consisting of a doctor, an interviewer/ psychologist and a person trained to perform transient elastography will visit Korydallos prison hospital on a daily basis
- Anticipated duration: 7 months



Description of the process

A number of prisoners will be moved to the prison hospital every day and will be informed about the program

Consent process

If consent obtained:

- Interview
- Blood sample collection for HCV/HBV testing (anti-HCV, HBsAg, HCV RNA, HCV genotype, HBV DNA, ALT/AST)
- TB screening (chest X-ray, Mantoux)
- Transient elastography
- Rapid HIV test
- Counselling prevention information

When testing results are available

- → 2nd appointment with the prisoners
- Counselling
- Linkage to care in association with the prison doctor and collaborating clinicians



Ethical issues & protection of personal data

- IRB approval from the University of Athens and the Hellenic Scientific Society for the study of AIDS and STDs
- Currently awaiting for approval from the Hellenic Data Protection Authority
- Interviews will take place in a separate room no other people will be present apart from the program interviewer



Informed consent

- The participants are informed that:
 - They may decline to take part, withdraw their consent at any time or choose not to answer any question in the survey
 - Their participation will not affect or influence the length of their sentence, their parole, or any other aspect of their incarceration
 - The prison doctor will be informed about the test results – all other information will be confidential



Questionnaire

- O The questionnaire is based on the European Questionnaire on Drug Use in Prison (EQDP)
 - Adapted to the specific needs of the program
 - Face to face interview with the program interviewer



Questionnaire sections

- General information
- Substance use
 - Outside prison
 - Ever (in any prison)
 - During current imprisonment
- 3. Substance injecting and other health risk behaviours (+ a few additional questions)
 - Outside prison
 - Ever (in any prison)
 - During current imprisonment
- Health status (more detailed than EQDP)
- Use of health and addiction services (shorter that EQDP)

Sensitive questions on drug use during <u>current</u> <u>imprisonment</u> were approved by the Ministry of Justice



Barriers and enablers

- Prison authorities and the Ministry of Justice were very positive towards the program
- The program offers not only screening for infectious diseases but also complete laboratory testing and linkage to care → this was important for the Ministry of Justice and prison authorities
- + Existing tool for the questionnaire
 → easier for a tool proposed by a European organisation to be accepted by the authorities

- The lack of framework to implement this type of programs in prisons caused delays – hopefully we have opened the way for future programs
- Lack of staff and space in the prison

Challenges we might have to face during the program

- Language problems during the interview with migrants
- People may leave the prison unexpectedly – barriers to linkage to care
- Acceptability of the program from the prisoners?



... and opportunities

- To monitor drug use and infectious diseases in the prison population and identify needs for intervention
- To establish collaboration between different stakeholders
- To expand this to more prisons and other prison populations
- To repeat this periodically
- O To contribute to the achievement of WHO elimination goal for hepatitis B and C in Greece



Collaborators and funding

- Funding: Gilead Sciences Europe
- Collaborators
 - G. Kalamitsis Hellenic Liver Patient Association "Prometheus"
 - A. Hatzakis, G, Papatheodoridis, G. Daikos, M. Psichogiou – University of Athens
 - S. Georgoulas, M. Stefi Koridallos Prison Hospital